

Center of Light



HOST
KEITA ANTHONY BLANCHARD

Radio

Dr. John Robinson

1
00:00:43,970 --> 00:00:03,290
you're listening to Ira the inception

2
00:00:43,980 --> 00:00:59,860
Cheers

3
00:01:06,350 --> 00:01:03,590
see inside Eli

4
00:01:08,990 --> 00:01:06,360
welcome to centre of light radio with

5
00:01:11,539 --> 00:01:09,000
spiritual teacher intuitive musician

6
00:01:13,760 --> 00:01:11,549
composer and best-selling author of the

7
00:01:16,430 --> 00:01:13,770
Divine Principle anchoring heaven on

8
00:01:18,710 --> 00:01:16,440
earth your host Keith Anthony Blanchard

9
00:01:21,670 --> 00:01:18,720
welcome one welcome all yes Keith

10
00:01:25,060 --> 00:01:21,680
Anthony Blanchard here center of light

11
00:01:27,920 --> 00:01:25,070
radio center of the vine unfoldment and

12
00:01:31,010 --> 00:01:27,930
reinforcements and without fail I

13
00:01:35,660 --> 00:01:31,020

announced yet again strap in all the

14

00:01:39,139 --> 00:01:35,670

spiritual astral not as we launch for

15

00:01:42,680 --> 00:01:39,149

inner space I am really keyed up about

16

00:01:47,419 --> 00:01:42,690

august seventeenth why you may ask let

17

00:01:50,660 --> 00:01:47,429

me tell you swansea viswa yogi a god

18

00:01:54,830 --> 00:01:50,670

realized man is going to be on center of

19

00:01:56,600 --> 00:01:54,840

light radio / video we working out the

20

00:02:00,139 --> 00:01:56,610

details and all the particulars to do

21

00:02:02,809 --> 00:02:00,149

this as a live video streaming kind of

22

00:02:06,590 --> 00:02:02,819

thingy I had the blessed opportunity

23

00:02:08,719 --> 00:02:06,600

last year to meet Swansea and I don't

24

00:02:10,940 --> 00:02:08,729

know if any of you had the ever had the

25

00:02:15,410 --> 00:02:10,950

opportunity to be in the presence of a

26
00:02:17,750 --> 00:02:15,420
divine in loom and individual there is

27
00:02:21,620 --> 00:02:17,760
something to be I'm not gonna say said

28
00:02:23,810 --> 00:02:21,630
there's something to be felt it's a

29
00:02:26,930 --> 00:02:23,820
remembering of your own essence your own

30
00:02:30,160 --> 00:02:26,940
self and in so doing you feel the

31
00:02:32,449 --> 00:02:30,170
majesty the power the presence the

32
00:02:35,110 --> 00:02:32,459
absolute awareness there is such an

33
00:02:38,720 --> 00:02:35,120
amazing humility that takes place inside

34
00:02:41,750 --> 00:02:38,730
by his reflection you are able to touch

35
00:02:43,640 --> 00:02:41,760
the humility which is to me synonymous

36
00:02:45,740 --> 00:02:43,650
word for God they are such a powerful

37
00:02:47,930 --> 00:02:45,750
presence in that make sure you write

38
00:02:50,990 --> 00:02:47,940

that down I'm pretty sure the date is

39

00:02:52,670 --> 00:02:51,000

the 17th of August also make sure you

40

00:02:56,420 --> 00:02:52,680

visit the centre of light radio website

41

00:03:00,140 --> 00:02:56,430

you do that going by going to ww central

42

00:03:01,520 --> 00:03:00,150

light radio com lots of cool stuff there

43

00:03:03,530 --> 00:03:01,530

really check it out it's a really

44

00:03:07,370 --> 00:03:03,540

special looking site I took my time with

45

00:03:10,099 --> 00:03:07,380

it filled with Hubble images of space

46

00:03:11,930 --> 00:03:10,109

it's it's all my backgrounds for all my

47

00:03:13,939 --> 00:03:11,940

pages it's really cool look at but is

48

00:03:16,009 --> 00:03:13,949

yet there's powerful information if my

49

00:03:17,360 --> 00:03:16,019

life's work my creations that which

50

00:03:21,050 --> 00:03:17,370

gives me joy that's what

51
00:03:23,300 --> 00:03:21,060
that what makes me zing and buzz so my

52
00:03:25,190 --> 00:03:23,310
passion is into it so I'm sure you would

53
00:03:26,509 --> 00:03:25,200
receive much from it as well you can

54
00:03:29,240 --> 00:03:26,519
jump seat from there to go to Keith

55
00:03:31,070 --> 00:03:29,250
Anthony Blanchard to learn about my

56
00:03:32,750 --> 00:03:31,080
movie do what you love a passionate

57
00:03:36,770 --> 00:03:32,760
passionate living the movie is about

58
00:03:38,899 --> 00:03:36,780
your life empowering you with the tools

59
00:03:41,420 --> 00:03:38,909
that you need so you can go out into the

60
00:03:43,819 --> 00:03:41,430
world and be blissful and live your

61
00:03:47,539 --> 00:03:43,829
passion which you know is the reason you

62
00:03:49,880 --> 00:03:47,549
were born something you cannot deny you

63
00:03:53,180 --> 00:03:49,890

were here to be happy joyful blissful

64

00:03:55,430 --> 00:03:53,190

peaceful you do that by going to do what

65

00:03:58,520 --> 00:03:55,440

you love the movie com check it out to

66

00:04:01,220 --> 00:03:58,530

five dollar rent made by blue cast

67

00:04:03,259 --> 00:04:01,230

productions out of New York it was it

68

00:04:05,479 --> 00:04:03,269

was a trip it was a lot a lot of fun we

69

00:04:07,339 --> 00:04:05,489

had no script and yet everything just

70

00:04:09,440 --> 00:04:07,349

came together with all the speakers all

71

00:04:13,550 --> 00:04:09,450

the guests are stars I guess you can say

72

00:04:15,319 --> 00:04:13,560

check it out let's see my notes here I

73

00:04:21,110 --> 00:04:15,329

kind of got to the microphone just a

74

00:04:24,529 --> 00:04:21,120

little late um let's see how to call

75

00:04:26,810 --> 00:04:24,539

into the show live to ask a question or

76

00:04:30,170 --> 00:04:26,820

say something say hi of myself or my

77

00:04:33,140 --> 00:04:30,180

guest today mr. John Robinson dr. John

78

00:04:38,300 --> 00:04:33,150

Robinson call eight eight eight nine 19

79

00:04:40,070 --> 00:04:38,310

to 35 5 88 89 19 to 35 5 remember for

80

00:04:42,680 --> 00:04:40,080

you are not at home and by your computer

81

00:04:44,120 --> 00:04:42,690

and you just got to hear your favorite

82

00:04:46,310 --> 00:04:44,130

show hopefully it's the center of light

83

00:04:48,650 --> 00:04:46,320

here monday nights at six pm eastern

84

00:04:50,719 --> 00:04:48,660

daylight time you go to the App Store on

85

00:04:53,330 --> 00:04:50,729

your phone and download the download the

86

00:04:54,740 --> 00:04:53,340

inception radio network for free

87

00:04:57,290 --> 00:04:54,750

everything is right there at your

88

00:05:00,860 --> 00:04:57,300

fingertips chatroom listen live link

89
00:05:02,629 --> 00:05:00,870
news podcast much more always remember

90
00:05:04,820 --> 00:05:02,639
there are many ways to connect to center

91
00:05:08,060 --> 00:05:04,830
of light radio as well as inception

92
00:05:13,070 --> 00:05:08,070
radio network with all the fine programs

93
00:05:18,379 --> 00:05:13,080
they offer and now it's time to get down

94
00:05:21,500 --> 00:05:18,389
to center of light radio business today

95
00:05:24,050 --> 00:05:21,510
my guest is dr. john c Robison and we

96
00:05:26,750 --> 00:05:24,060
will be will be designed falling all

97
00:05:29,510 --> 00:05:26,760
over my tongue that day we will be

98
00:05:30,830 --> 00:05:29,520
discussing the new aging and a

99
00:05:34,340 --> 00:05:30,840
conversation with this gentleman

100
00:05:37,189 --> 00:05:34,350
last year or so and boy what a ride here

101

00:05:39,860 --> 00:05:37,199

plus I he helped me feel good about

102

00:05:44,270 --> 00:05:39,870

dying I'm not necessarily looking for it

103

00:05:48,020 --> 00:05:44,280

right now but actually you lit a spark

104

00:05:50,120 --> 00:05:48,030

under my ass and I somewhat really

105

00:05:52,370 --> 00:05:50,130

looking forward to it versus in my past

106

00:05:54,770 --> 00:05:52,380

putting it off in small I can't jhansi

107

00:05:57,590 --> 00:05:54,780

Robinson PhD and all these other

108

00:05:59,689 --> 00:05:57,600

credentials dmin would have all has said

109

00:06:01,280 --> 00:05:59,699

yes as a clinical psychologist the

110

00:06:03,830 --> 00:06:01,290

second doctorate in ministry and

111

00:06:07,250 --> 00:06:03,840

ordained interfaith minister the author

112

00:06:09,740 --> 00:06:07,260

of eight books on the interface on

113

00:06:12,350 --> 00:06:09,750

psychology and spiritual at spirituality

114

00:06:15,920 --> 00:06:12,360

along with numerous articles books book

115

00:06:18,950 --> 00:06:15,930

chapters and guest blogs and last but

116

00:06:25,070 --> 00:06:18,960

not least an aging boomer with grown

117

00:06:27,260 --> 00:06:25,080

children and a gaggle of grand are we

118

00:06:30,529 --> 00:06:27,270

setting the tone for this our voyage for

119

00:06:33,710 --> 00:06:30,539

sure is great his professional work

120

00:06:36,800 --> 00:06:33,720

specialized in midlife men's issues in

121

00:06:41,230 --> 00:06:36,810

the integration of psychotherapy and

122

00:06:43,940 --> 00:06:41,240

spirituality the nature of first-hand ah

123

00:06:46,190 --> 00:06:43,950

mystical experience of psychology and

124

00:06:48,350 --> 00:06:46,200

spirituality of aging in is the

125

00:06:50,719 --> 00:06:48,360

archetypal revelations of myth and fairy

126
00:06:53,180 --> 00:06:50,729
tale a full-time writer now good for you

127
00:06:55,010 --> 00:06:53,190
bro his interest has turned to the

128
00:06:57,770 --> 00:06:55,020
psychological spiritual and mystical

129
00:06:59,360 --> 00:06:57,780
potential of the new aging and the list

130
00:07:01,129 --> 00:06:59,370
goes on but we're just going to get it

131
00:07:04,580 --> 00:07:01,139
out of him instead of reading what John

132
00:07:08,180 --> 00:07:04,590
has to say welcome to the center of

133
00:07:09,500 --> 00:07:08,190
light radio my friend hey my friend

134
00:07:11,089 --> 00:07:09,510
Keith thank you so much for having me

135
00:07:13,159 --> 00:07:11,099
back I love the way you introduce this

136
00:07:15,650 --> 00:07:13,169
it's particularly the spirituality of

137
00:07:17,290 --> 00:07:15,660
life and how the whole purpose of life

138
00:07:19,339 --> 00:07:17,300

is to be transformed into something

139

00:07:22,159 --> 00:07:19,349

blissful and joyous and that's what

140

00:07:24,770 --> 00:07:22,169

aging is potentially all about the

141

00:07:26,750 --> 00:07:24,780

secrets of aging are about it is the

142

00:07:29,060 --> 00:07:26,760

most profound stage of human development

143

00:07:31,129 --> 00:07:29,070

and the secrets are they this is your

144

00:07:34,010 --> 00:07:31,139

really final and biggest chance to get

145

00:07:36,879 --> 00:07:34,020

illuminated to be enlightened and it's

146

00:07:41,149 --> 00:07:36,889

amazing how you use the word secret of

147

00:07:44,040 --> 00:07:41,159

aging it's really no secret it's just

148

00:07:48,029 --> 00:07:44,050

that those who are aware

149

00:07:51,779 --> 00:07:48,039

as opposed to those who aren't does make

150

00:07:53,969 --> 00:07:51,789

it look at it at one thing if it's

151

00:07:56,010 --> 00:07:53,979

either foremost boomers for both most

152

00:07:57,839 --> 00:07:56,020

people my age is either too scary or too

153

00:07:59,820 --> 00:07:57,849

depressing or too far away to even want

154

00:08:02,909 --> 00:07:59,830

to talk about so for them it is scary

155

00:08:04,740 --> 00:08:02,919

because aging you know for our whole

156

00:08:06,899 --> 00:08:04,750

life experience has always been

157

00:08:08,610 --> 00:08:06,909

associated with you know decrepitude and

158

00:08:10,140 --> 00:08:08,620

dying and so nobody wants to go there

159

00:08:12,779 --> 00:08:10,150

especially boomers who think that can

160

00:08:15,659 --> 00:08:12,789

conquer it with you know with the gels

161

00:08:17,640 --> 00:08:15,669

and exercise and and so am surgeries and

162

00:08:21,149 --> 00:08:17,650

so forth but the truth is that if you

163

00:08:22,770 --> 00:08:21,159

just take the time to to experience it

164

00:08:24,450 --> 00:08:22,780

it will show you the way in what's

165

00:08:28,459 --> 00:08:24,460

inside of it is an entirely new

166

00:08:30,809 --> 00:08:28,469

revelation of life what life's for

167

00:08:33,750 --> 00:08:30,819

something I've been wanting to ask you

168

00:08:36,360 --> 00:08:33,760

since I found you again to get you on

169

00:08:38,969 --> 00:08:36,370

this brand new platform for me inception

170

00:08:40,800 --> 00:08:38,979

radio networks which I absolutely love a

171

00:08:42,540 --> 00:08:40,810

look forward to getting in this chair

172

00:08:45,180 --> 00:08:42,550

and in front this microphone and

173

00:08:48,269 --> 00:08:45,190

interviewing phenomenal people who walk

174

00:08:50,130 --> 00:08:48,279

the talk like yourself jhansi Robinson

175

00:08:51,720 --> 00:08:50,140

question I've been wanting to ask you

176
00:08:53,519 --> 00:08:51,730
since I booked you a month ago it came

177
00:08:55,560 --> 00:08:53,529
to me very strongly yet again today

178
00:08:57,630 --> 00:08:55,570
because when I asked you in the last

179
00:08:59,880 --> 00:08:57,640
interview the question was and your

180
00:09:04,199 --> 00:08:59,890
answer was just really really the one I

181
00:09:07,889 --> 00:09:04,209
was hoping for but as we move closer to

182
00:09:10,740 --> 00:09:07,899
the interval of our passing to the other

183
00:09:12,269 --> 00:09:10,750
side going back home yes pan into

184
00:09:16,620 --> 00:09:12,279
expanded state of consciousness my

185
00:09:18,510 --> 00:09:16,630
question that I put to you sir was we

186
00:09:19,889 --> 00:09:18,520
know that every day we're getting closer

187
00:09:23,010 --> 00:09:19,899
we know that every week we're getting

188
00:09:25,980 --> 00:09:23,020

even closer and every year and so the

189

00:09:29,639 --> 00:09:25,990

intervals between our thoughts about our

190

00:09:34,170 --> 00:09:29,649

passing I would think get a little

191

00:09:37,650 --> 00:09:34,180

nearer just but in so doing is there an

192

00:09:40,889 --> 00:09:37,660

equally an equal ratio reciprocal

193

00:09:45,030 --> 00:09:40,899

give-and-take which is the amount of

194

00:09:49,560 --> 00:09:45,040

grace one feels about their death the

195

00:09:51,600 --> 00:09:49,570

closer they get to their death yes I

196

00:09:55,380 --> 00:09:51,610

think you're really onto something very

197

00:09:57,210 --> 00:09:55,390

important and at 69 I'm already begin to

198

00:09:57,750 --> 00:09:57,220

feel it and append particularly when

199

00:09:59,880 --> 00:09:57,760

you've had a

200

00:10:01,950 --> 00:09:59,890

number of brushes with various diagnosis

201

00:10:04,260 --> 00:10:01,960

or surgeries that take your right to the

202

00:10:07,380 --> 00:10:04,270

edge or could take you to the edge your

203

00:10:09,720 --> 00:10:07,390

consciousness begins to change you begin

204

00:10:11,670 --> 00:10:09,730

to have a I think the unconscious and

205

00:10:14,790 --> 00:10:11,680

the spiritual consciousness knows how to

206

00:10:16,380 --> 00:10:14,800

dye your body knows how to dye it only

207

00:10:18,750 --> 00:10:16,390

really begins when the process is

208

00:10:19,950 --> 00:10:18,760

starting so when you're 25 or 30 you

209

00:10:22,050 --> 00:10:19,960

know your light years away from

210

00:10:24,330 --> 00:10:22,060

understanding that but when you're in

211

00:10:26,460 --> 00:10:24,340

your seventies you know and you relax

212

00:10:28,830 --> 00:10:26,470

into the process of aging you begin to

213

00:10:33,750 --> 00:10:28,840

realize that this like a cautious like

214

00:10:35,670 --> 00:10:33,760

one of those one of those people movers

215

00:10:38,250 --> 00:10:35,680

in an airport you just stand still and

216

00:10:40,350 --> 00:10:38,260

it moves you forward into a new state of

217

00:10:42,870 --> 00:10:40,360

consciousness where you say you begin to

218

00:10:45,150 --> 00:10:42,880

have intuitions both of the ease of

219

00:10:46,890 --> 00:10:45,160

dying and of what's coming on the other

220

00:10:49,680 --> 00:10:46,900

side it's almost like the veil baguettes

221

00:10:51,180 --> 00:10:49,690

baguettes thinner yeah this thing people

222

00:10:53,010 --> 00:10:51,190

think that when you die that it just

223

00:10:55,950 --> 00:10:53,020

happens and you're done and it's gone

224

00:10:58,320 --> 00:10:55,960

but you know process that happens every

225

00:11:00,030 --> 00:10:58,330

day that you are alive so to speak and

226

00:11:02,400 --> 00:11:00,040

of course it has starts to exponentiate

227

00:11:04,500 --> 00:11:02,410

towards you get you the climax or the

228

00:11:08,880 --> 00:11:04,510

zine of the graduating point you had

229

00:11:11,670 --> 00:11:08,890

said the body knows how to die so my

230

00:11:15,240 --> 00:11:11,680

question to you is you said a minute ago

231

00:11:21,060 --> 00:11:15,250

at the age of 69 I am starting to feel

232

00:11:26,190 --> 00:11:21,070

it what does that feel like so us on not

233

00:11:29,670 --> 00:11:26,200

there at 69 yet can actually know when

234

00:11:32,640 --> 00:11:29,680

those subtler finer delicate energies of

235

00:11:35,310 --> 00:11:32,650

becoming present so we can maybe have a

236

00:11:38,280 --> 00:11:35,320

head start from a gleam something from

237

00:11:40,830 --> 00:11:38,290

your coming into your own sure you know

238

00:11:42,600 --> 00:11:40,840

there's a lot of subtle changes in this

239

00:11:45,150 --> 00:11:42,610

period that are out what I've called

240

00:11:46,410 --> 00:11:45,160

enlightenment in slow motion they won't

241

00:11:49,500 --> 00:11:46,420

affect you if you don't know about that

242

00:11:51,720 --> 00:11:49,510

but attention if you pay attention you

243

00:11:54,030 --> 00:11:51,730

can notice some things changing and you

244

00:11:55,560 --> 00:11:54,040

and you say oh my gosh this is where the

245

00:11:57,240 --> 00:11:55,570

the Mystics and the gurus have been

246

00:12:00,000 --> 00:11:57,250

talking about and it's happening to me

247

00:12:03,000 --> 00:12:00,010

let me give you some examples there's a

248

00:12:04,650 --> 00:12:03,010

gradual fading of identity of as if who

249

00:12:07,020 --> 00:12:04,660

you think you are or who you're supposed

250

00:12:08,970 --> 00:12:07,030

to be is really not very important and

251
00:12:11,460 --> 00:12:08,980
actually you begin to realize it doesn't

252
00:12:13,440 --> 00:12:11,470
exist at all it's just a construction

253
00:12:15,330 --> 00:12:13,450
your own mic because right here and

254
00:12:17,880 --> 00:12:15,340
right now there's only this this

255
00:12:20,400 --> 00:12:17,890
consciousness in which we float that if

256
00:12:21,990 --> 00:12:20,410
we get in touch with begins to bring us

257
00:12:26,010 --> 00:12:22,000
incredible feelings of bliss and

258
00:12:28,050 --> 00:12:26,020
serenity there's also in this process of

259
00:12:30,780 --> 00:12:28,060
changing consciousness as a relief that

260
00:12:33,000 --> 00:12:30,790
we don't have to be anybody anymore you

261
00:12:35,130 --> 00:12:33,010
don't have to put on that the the

262
00:12:36,840 --> 00:12:35,140
costume of identity and be somebody

263
00:12:38,880 --> 00:12:36,850

important and pursue goals because that

264

00:12:40,860 --> 00:12:38,890

was all part of the middle years the

265

00:12:43,140 --> 00:12:40,870

middle years are gone and it's a mixed

266

00:12:45,390 --> 00:12:43,150

blessing because then you know you early

267

00:12:46,890 --> 00:12:45,400

boomers want their like conquer aging

268

00:12:48,420 --> 00:12:46,900

with the same philosophy as the middle

269

00:12:50,040 --> 00:12:48,430

years but it won't work you need to let

270

00:12:52,230 --> 00:12:50,050

that whole thing go like one of the many

271

00:12:54,060 --> 00:12:52,240

skins you've let go before and you're in

272

00:12:56,010 --> 00:12:54,070

your life and allow your tray or

273

00:12:59,370 --> 00:12:56,020

consciousness to be transformed into a

274

00:13:02,130 --> 00:12:59,380

much wider more open more spacious one

275

00:13:04,440 --> 00:13:02,140

and then what happens is time becomes

276

00:13:07,010 --> 00:13:04,450

less important clock day planner

277

00:13:10,680 --> 00:13:07,020

calendar they they don't much anymore

278

00:13:12,330 --> 00:13:10,690

the whole high gear thing is gone so we

279

00:13:15,000 --> 00:13:12,340

don't worry about doing things quickly

280

00:13:17,760 --> 00:13:15,010

and increasingly you drop into a kind of

281

00:13:19,980 --> 00:13:17,770

a silent thoughtless consciousness you

282

00:13:21,570 --> 00:13:19,990

know like you're looking out the window

283

00:13:23,640 --> 00:13:21,580

and you can can't see the dust motes

284

00:13:25,230 --> 00:13:23,650

kind of floating in the Sun and for a

285

00:13:28,260 --> 00:13:25,240

moment you're not there you're just in

286

00:13:30,630 --> 00:13:28,270

this space beyond identity and it's an

287

00:13:32,610 --> 00:13:30,640

intimation of the consciousness that's

288

00:13:35,730 --> 00:13:32,620

always here but that you're beginning to

289

00:13:37,980 --> 00:13:35,740

dissolve into so yeah what a great way

290

00:13:40,440 --> 00:13:37,990

to say we dissolve into so it's no

291

00:13:42,930 --> 00:13:40,450

longer about superficiality it's about

292

00:13:44,730 --> 00:13:42,940

depth it's about meaning all that

293

00:13:46,200 --> 00:13:44,740

frivolous stuff all those bells and

294

00:13:50,190 --> 00:13:46,210

whistles begin to follow up all the way

295

00:13:54,030 --> 00:13:50,200

because now there's more presence about

296

00:13:56,070 --> 00:13:54,040

depth we can equate depth to spirit that

297

00:13:59,370 --> 00:13:56,080

which is real that which is meaningful

298

00:14:02,460 --> 00:13:59,380

so again what the closer someone gets to

299

00:14:04,500 --> 00:14:02,470

their time of passing there's an equal

300

00:14:06,870 --> 00:14:04,510

amount of grace when I said grace I

301
00:14:09,510 --> 00:14:06,880
meant grace in the sense of grace that

302
00:14:13,290 --> 00:14:09,520
there's not this oh my gosh I'm getting

303
00:14:14,520 --> 00:14:13,300
closer to death kind of worried yeah you

304
00:14:16,950 --> 00:14:14,530
know but you know most people actually

305
00:14:19,170 --> 00:14:16,960
at the end I very peacefully it's very

306
00:14:20,840 --> 00:14:19,180
easy it's the struggle beforehand

307
00:14:23,280 --> 00:14:20,850
because we have all these

308
00:14:24,060 --> 00:14:23,290
misunderstandings about what death is

309
00:14:27,060 --> 00:14:24,070
and if we've got

310
00:14:29,610 --> 00:14:27,070
some hell and and and brim fire kind of

311
00:14:31,110 --> 00:14:29,620
teach early teachings of that death is

312
00:14:32,730 --> 00:14:31,120
going to lead to hell and damnation and

313
00:14:34,410 --> 00:14:32,740

judgment then of course we're really

314

00:14:36,570 --> 00:14:34,420

scared but in truth that's not where it

315

00:14:39,630 --> 00:14:36,580

goes that stuff just has to be burned

316

00:14:42,750 --> 00:14:39,640

away like karma so you can relax into

317

00:14:44,970 --> 00:14:42,760

the presence the divine presence and and

318

00:14:47,910 --> 00:14:44,980

let it just come in mix with you like

319

00:14:50,310 --> 00:14:47,920

two gases mixing and then it's all right

320

00:14:52,440 --> 00:14:50,320

you know then there's a great deep you

321

00:14:55,350 --> 00:14:52,450

know relaxation breath and then you're

322

00:14:56,910 --> 00:14:55,360

gone I have a really good question or a

323

00:14:58,410 --> 00:14:56,920

good point and I would like you to

324

00:15:01,560 --> 00:14:58,420

support the point or answer the question

325

00:15:03,930 --> 00:15:01,570

yeah I'm channeling it I literally chant

326

00:15:08,790 --> 00:15:03,940

chanting at right now because I have it

327

00:15:11,250 --> 00:15:08,800

in the form of an idea concept because

328

00:15:13,050 --> 00:15:11,260

of people like you who gives us the

329

00:15:14,910 --> 00:15:13,060

listening audience information about how

330

00:15:16,560 --> 00:15:14,920

it feel knowing what you know the

331

00:15:20,790 --> 00:15:16,570

research you've done the practice that

332

00:15:23,850 --> 00:15:20,800

you have lived giving us the information

333

00:15:26,910 --> 00:15:23,860

for example when you stated that I feel

334

00:15:28,860 --> 00:15:26,920

it coming on at the age of 69 so if we

335

00:15:32,940 --> 00:15:28,870

can learn be it through you your books

336

00:15:36,120 --> 00:15:32,950

or just self awareness practice that if

337

00:15:38,670 --> 00:15:36,130

we can start detecting those changes day

338

00:15:40,350 --> 00:15:38,680

by day week by week and start to see

339

00:15:41,970 --> 00:15:40,360

things starting to move and get lighter

340

00:15:43,620 --> 00:15:41,980

and subtle and our focus begins to shift

341

00:15:46,310 --> 00:15:43,630

on that which is no longer important and

342

00:15:50,190 --> 00:15:46,320

all these things we could actually

343

00:15:52,710 --> 00:15:50,200

perfect our transition say I'm 51 and I

344

00:15:56,700 --> 00:15:52,720

decide I'm going to die at 85 86 years

345

00:16:00,560 --> 00:15:56,710

old but at the age of 51 I can perfect

346

00:16:04,200 --> 00:16:00,570

my transition process so that when the

347

00:16:07,320 --> 00:16:04,210

taxicab does pull up there's no hiccup

348

00:16:11,750 --> 00:16:07,330

there's no jerk there's no blackout that

349

00:16:14,160 --> 00:16:11,760

is truly an amalgamation a crossfade a

350

00:16:17,130 --> 00:16:14,170

transition and an effortless one with no

351

00:16:18,810 --> 00:16:17,140

sense of dizziness or fogginess or spin

352

00:16:21,180 --> 00:16:18,820

kind of idea that what does that make

353

00:16:22,920 --> 00:16:21,190

any sense to you oh yeah it does and I

354

00:16:24,810 --> 00:16:22,930

think that as it's a very important

355

00:16:27,390 --> 00:16:24,820

practice aging aging is a spiritual

356

00:16:29,730 --> 00:16:27,400

practice and as you learn to live in a

357

00:16:31,560 --> 00:16:29,740

consciousness without thought you know

358

00:16:33,840 --> 00:16:31,570

in a spacious consciousness where you're

359

00:16:35,310 --> 00:16:33,850

not caught up in thought or even

360

00:16:36,860 --> 00:16:35,320

believing in your own thoughts because

361

00:16:39,650 --> 00:16:36,870

they're all forms of delusion

362

00:16:42,140 --> 00:16:39,660

the stage when you live as free of

363

00:16:43,730 --> 00:16:42,150

thought then yes those may come up and

364

00:16:45,440 --> 00:16:43,740

at the end you might suddenly get an old

365

00:16:47,300 --> 00:16:45,450

fear that you thought forgot about a

366

00:16:49,430 --> 00:16:47,310

long time ago but the key is to let it

367

00:16:50,900 --> 00:16:49,440

come and let it go and return you know

368

00:16:52,579 --> 00:16:50,910

you don't get it get on it like a horse

369

00:16:55,040 --> 00:16:52,589

and right off their sense of you you

370

00:16:56,450 --> 00:16:55,050

just let it pass through and the next

371

00:16:59,480 --> 00:16:56,460

thing you know you're back in that space

372

00:17:01,460 --> 00:16:59,490

again and everything's okay so does the

373

00:17:03,500 --> 00:17:01,470

letting go process getting easier as

374

00:17:05,590 --> 00:17:03,510

well or is that something we should take

375

00:17:07,970 --> 00:17:05,600

upon ourselves now absolutely of course

376

00:17:09,650 --> 00:17:07,980

the DI the practice of letting go

377

00:17:11,480 --> 00:17:09,660

releasing that which is tangent that

378

00:17:13,579 --> 00:17:11,490

which is not real just even beliefs and

379

00:17:17,000 --> 00:17:13,589

all these things the practice of letting

380

00:17:19,040 --> 00:17:17,010

go but does it come again yet as part of

381

00:17:21,049 --> 00:17:19,050

that grace that when those thoughts

382

00:17:24,020 --> 00:17:21,059

might come in being raised Catholic a

383

00:17:27,290 --> 00:17:24,030

devil hellfire damnation right know that

384

00:17:32,330 --> 00:17:27,300

may come in in my senior years is the

385

00:17:33,710 --> 00:17:32,340

same grace administered through being

386

00:17:37,100 --> 00:17:33,720

able to let it go a lot easier than

387

00:17:39,110 --> 00:17:37,110

previous times in life sure I mean aging

388

00:17:41,750 --> 00:17:39,120

is all about letting go aging is all

389

00:17:43,850 --> 00:17:41,760

about a series of losses of who you

390

00:17:46,400 --> 00:17:43,860

think you are an event of health and of

391

00:17:48,350 --> 00:17:46,410

a certain kind of physical mobility and

392

00:17:50,510 --> 00:17:48,360

of dreams of the future and of all end

393

00:17:52,730 --> 00:17:50,520

of your importance of society but all of

394

00:17:54,770 --> 00:17:52,740

those actually are useful because when

395

00:17:57,169 --> 00:17:54,780

you let them go they open the space that

396

00:17:59,330 --> 00:17:57,179

they open much more space for you to be

397

00:18:02,600 --> 00:17:59,340

in the presence and to be in the

398

00:18:05,060 --> 00:18:02,610

presences to be in grace so when you're

399

00:18:09,320 --> 00:18:05,070

when you here free of thoughts wide

400

00:18:11,270 --> 00:18:09,330

awake um in the moment what happens is

401
00:18:12,830 --> 00:18:11,280
that consciousness is not yours its

402
00:18:15,770 --> 00:18:12,840
really the divine consciousness that

403
00:18:17,690 --> 00:18:15,780
really got body and so as long as you're

404
00:18:19,669 --> 00:18:17,700
not intellectually separating yourself

405
00:18:22,520 --> 00:18:19,679
from all that by believing in yourself

406
00:18:25,160 --> 00:18:22,530
as all that goes it's all right you're

407
00:18:27,919 --> 00:18:25,170
the whole thing I think the divine human

408
00:18:30,830 --> 00:18:27,929
really is way where we're heading and I

409
00:18:32,419 --> 00:18:30,840
n is particularly available as we age

410
00:18:34,400 --> 00:18:32,429
because there's this huge new

411
00:18:36,049 --> 00:18:34,410
developmental stage called aging which

412
00:18:37,970 --> 00:18:36,059
is like 20 years longer than it ever

413
00:18:40,760 --> 00:18:37,980

used to be in the human life cycle it's

414

00:18:42,890 --> 00:18:40,770

a brand new developmental stage and as

415

00:18:44,690 --> 00:18:42,900

all these ideas about ourselves and our

416

00:18:47,510 --> 00:18:44,700

attachments our security and all that

417

00:18:49,110 --> 00:18:47,520

stuff goes away what's left is always

418

00:18:51,510 --> 00:18:49,120

consciousness and

419

00:18:53,250 --> 00:18:51,520

sciousness is presence I'm is very

420

00:18:55,860 --> 00:18:53,260

exciting when you realize that wow I may

421

00:18:59,280 --> 00:18:55,870

lose everything but get at all because

422

00:19:01,350 --> 00:18:59,290

this is it you and mention that we're

423

00:19:03,630 --> 00:19:01,360

headed towards becoming the divine human

424

00:19:07,380 --> 00:19:03,640

the word human and of itself is divine

425

00:19:11,840 --> 00:19:07,390

the word hue is another name for God in

426

00:19:16,410 --> 00:19:11,850

eckankar the religion of sound and light

427

00:19:19,680 --> 00:19:16,420

in accents Hugh means Divine a man is of

428

00:19:24,360 --> 00:19:19,690

the earth so we are naturally that is

429

00:19:26,310 --> 00:19:24,370

just that we know forgot exactly we knew

430

00:19:28,020 --> 00:19:26,320

it as young children we were grounded in

431

00:19:30,960 --> 00:19:28,030

the divinity of our own being and then

432

00:19:32,880 --> 00:19:30,970

family culture school peers all caught

433

00:19:35,070 --> 00:19:32,890

us up in this sense of pursuing an

434

00:19:37,140 --> 00:19:35,080

identity and at this constant project of

435

00:19:40,169 --> 00:19:37,150

improving yourself and your resume and

436

00:19:42,240 --> 00:19:40,179

that took over four decades and and then

437

00:19:44,370 --> 00:19:42,250

the final stage of life what happens is

438

00:19:47,340 --> 00:19:44,380

that whole thing begins to dissolve

439

00:19:49,410 --> 00:19:47,350

disappear you know you know like like

440

00:19:51,480 --> 00:19:49,420

fog in the Sun and then you realize that

441

00:19:53,160 --> 00:19:51,490

was all you would chase it you're

442

00:19:55,169 --> 00:19:53,170

running in circles you were chasing your

443

00:19:57,030 --> 00:19:55,179

tail because what's here now is what

444

00:19:59,490 --> 00:19:57,040

you've always been looking for you just

445

00:20:01,169 --> 00:19:59,500

tried to find it someplace else you know

446

00:20:04,560 --> 00:20:01,179

I've always said that when the first

447

00:20:06,510 --> 00:20:04,570

first word a child no child learns that

448

00:20:09,540 --> 00:20:06,520

represents separation is the word know

449

00:20:10,740 --> 00:20:09,550

the reason young infants grab the things

450

00:20:12,000 --> 00:20:10,750

on the coffee table that your

451
00:20:14,730 --> 00:20:12,010
grandmother gave you that are made out

452
00:20:17,130 --> 00:20:14,740
of glass it's because they know they can

453
00:20:19,770 --> 00:20:17,140
they know it absolutely belongs to them

454
00:20:21,900 --> 00:20:19,780
they are not separate from those things

455
00:20:24,270 --> 00:20:21,910
that they are fondling with and telling

456
00:20:27,060 --> 00:20:24,280
lies we drive it absolutely and then we

457
00:20:29,220 --> 00:20:27,070
say no and that very first no cuts that

458
00:20:32,910 --> 00:20:29,230
dagger right through the experience says

459
00:20:36,630 --> 00:20:32,920
you are now you and this is now that yes

460
00:20:38,850 --> 00:20:36,640
it doesn't belong to you right and share

461
00:20:40,260 --> 00:20:38,860
your things and I'm separate from you

462
00:20:43,080 --> 00:20:40,270
and your brothers better than you are

463
00:20:48,280 --> 00:20:43,090

and blah blah blah and it's a very sad

464

00:20:53,280 --> 00:20:50,860

and then karma comes comes into play why

465

00:20:55,420 --> 00:20:53,290

did we incarnate in this particular

466

00:20:56,860 --> 00:20:55,430

continent this particular stateless

467

00:20:59,860 --> 00:20:56,870

particular city into this particular

468

00:21:05,620 --> 00:20:59,870

family just to hear the word no so there

469

00:21:07,060 --> 00:21:05,630

is so many variables yeah but it's all

470

00:21:09,850 --> 00:21:07,070

about it's like you say it's all about

471

00:21:13,330 --> 00:21:09,860

waking up and when a Qing is that is the

472

00:21:15,070 --> 00:21:13,340

great awakener because you know you know

473

00:21:16,420 --> 00:21:15,080

you it's going to end you that you can't

474

00:21:18,220 --> 00:21:16,430

keep putting it off and so if you're

475

00:21:20,560 --> 00:21:18,230

going to understand yourself now is the

476
00:21:22,390 --> 00:21:20,570
time and the more awake you become the

477
00:21:26,920 --> 00:21:22,400
more you realize that you you have been

478
00:21:28,540 --> 00:21:26,930
living a life of illusion because you

479
00:21:29,890 --> 00:21:28,550
have already been in the divine world

480
00:21:31,630 --> 00:21:29,900
one of the things that happens in the

481
00:21:33,610 --> 00:21:31,640
mystical experiences that people not

482
00:21:36,790 --> 00:21:33,620
only feel a presence and feel surrounded

483
00:21:39,580 --> 00:21:36,800
and and perfused with divinity but the

484
00:21:41,950 --> 00:21:39,590
world itself becomes beautiful and

485
00:21:44,920 --> 00:21:41,960
bright and clear almost like hyper hyper

486
00:21:46,600 --> 00:21:44,930
real painting or photograph so and

487
00:21:48,910 --> 00:21:46,610
everything becomes luminous in this

488
00:21:51,490 --> 00:21:48,920

mystical experience and so that you

489

00:21:53,740 --> 00:21:51,500

begin to realize that we didn't lose the

490

00:21:55,270 --> 00:21:53,750

garden is already always been here we

491

00:21:57,190 --> 00:21:55,280

just left it on our own accord because

492

00:21:58,960 --> 00:21:57,200

we thought that that we had to become

493

00:22:01,900 --> 00:21:58,970

somebody important to get what we needed

494

00:22:04,660 --> 00:22:01,910

and as that somebody important melts

495

00:22:07,240 --> 00:22:04,670

away like a wax statue in the Sun we we

496

00:22:09,220 --> 00:22:07,250

are back to that place we started as TS

497

00:22:11,470 --> 00:22:09,230

Eliot set and it's spectacularly

498

00:22:14,110 --> 00:22:11,480

beautiful this we've always been in the

499

00:22:16,330 --> 00:22:14,120

garden we've always been sacred and this

500

00:22:17,890 --> 00:22:16,340

is what we need this is why grandparents

501

00:22:20,140 --> 00:22:17,900

collude with grandchildren whether

502

00:22:21,610 --> 00:22:20,150

knowing or unknowingly because they

503

00:22:23,110 --> 00:22:21,620

realize that their grandchildren are

504

00:22:24,610 --> 00:22:23,120

still in the garden and they're trying

505

00:22:26,530 --> 00:22:24,620

to help them stay there longer before

506

00:22:29,320 --> 00:22:26,540

the parents suck them into the world of

507

00:22:31,900 --> 00:22:29,330

you know accomplishments and resumes and

508

00:22:34,090 --> 00:22:31,910

grades yeah yeah and that's why I think

509

00:22:36,280 --> 00:22:34,100

my grant Mike one of my grandmother's in

510

00:22:39,100 --> 00:22:36,290

particular was such a soft place to fall

511

00:22:42,600 --> 00:22:39,110

yeah there's nothing like the grand

512

00:22:46,450 --> 00:22:42,610

mother's bosom nothing I mean grandpa

513

00:22:50,140 --> 00:22:46,460

yeah there's an incarnation of the

514

00:22:53,080 --> 00:22:50,150

divine in that moment absolutely you

515

00:22:55,990 --> 00:22:53,090

were talking about the world as you age

516

00:22:58,150 --> 00:22:56,000

it becomes a lumen there's a light

517

00:23:00,669 --> 00:22:58,160

there's of God fire there's a beauty

518

00:23:02,560 --> 00:23:00,679

there's an all miss about it

519

00:23:08,019 --> 00:23:02,570

I'm wondering if that is preparing for

520

00:23:11,590 --> 00:23:08,029

our own illumination um getting us ready

521

00:23:13,690 --> 00:23:11,600

for the light yeah but is it is

522

00:23:16,029 --> 00:23:13,700

rumination the light is already shining

523

00:23:17,919 --> 00:23:16,039

the light is shining in us and that

524

00:23:19,989 --> 00:23:17,929

affects you know our capacity to see the

525

00:23:21,850 --> 00:23:19,999

light all around us and it's so that

526

00:23:23,560 --> 00:23:21,860

that's why see if we if we're afraid of

527

00:23:25,779 --> 00:23:23,570

this thing we say oh my god I must have

528

00:23:27,549 --> 00:23:25,789

had a bad day or you know I on the wrong

529

00:23:29,259 --> 00:23:27,559

medication or something and we dismiss

530

00:23:32,139 --> 00:23:29,269

it that's why it's so important that

531

00:23:34,539 --> 00:23:32,149

everything you've experienced that you

532

00:23:36,789 --> 00:23:34,549

try to experience it fully because in it

533

00:23:41,350 --> 00:23:36,799

is is the unfolding path of your

534

00:23:45,009 --> 00:23:41,360

transformation John why your fascination

535

00:23:46,450 --> 00:23:45,019

with aging and death did you have an

536

00:23:48,759 --> 00:23:46,460

experience have you worked we have

537

00:23:50,950 --> 00:23:48,769

clients that have near-death experience

538

00:23:54,039 --> 00:23:50,960

have you done some studying what brought

539

00:23:56,139 --> 00:23:54,049

you to this place of wanting to empower

540

00:23:59,950 --> 00:23:56,149

people about this beautiful process of

541

00:24:01,359 --> 00:23:59,960

life ironically death well you know it's

542

00:24:04,600 --> 00:24:01,369

interesting that you should ask when I

543

00:24:06,789 --> 00:24:04,610

when I was 14 I had I know when

544

00:24:08,529 --> 00:24:06,799

open-heart surgery for atrial septal

545

00:24:11,440 --> 00:24:08,539

defect a hole in the upper two chambers

546

00:24:14,049 --> 00:24:11,450

of the heart and in that in that surgery

547

00:24:15,999 --> 00:24:14,059

I actually woke up and I woke and they

548

00:24:18,460 --> 00:24:16,009

didn't know it but I did I woke up and I

549

00:24:21,100 --> 00:24:18,470

could feel the surgeons hands inside my

550

00:24:22,359 --> 00:24:21,110

heart I could feel the coldness I in and

551
00:24:24,489 --> 00:24:22,369
that's in that experience you're

552
00:24:26,350 --> 00:24:24,499
paralyzed your you've got blindfold over

553
00:24:28,330 --> 00:24:26,360
your eyes that we're body temperatures

554
00:24:30,279 --> 00:24:28,340
tuned way down your heart is stopped and

555
00:24:32,889 --> 00:24:30,289
the heart-lung machine is plugged in but

556
00:24:35,109 --> 00:24:32,899
I had an experience of death I mean this

557
00:24:37,330 --> 00:24:35,119
was like a living autopsy I was aware of

558
00:24:39,759 --> 00:24:37,340
this state I was aware of my chest open

559
00:24:42,009 --> 00:24:39,769
it was a rific experience and it's

560
00:24:44,230 --> 00:24:42,019
taken me well i repressed the whole

561
00:24:47,379 --> 00:24:44,240
thing for 40 years and 40 years to the

562
00:24:48,460 --> 00:24:47,389
month I had a I was cardioverted you

563
00:24:50,409 --> 00:24:48,470

know where they give a shock to your

564

00:24:52,810 --> 00:24:50,419

chest because of atrial fibrillation and

565

00:24:55,090 --> 00:24:52,820

it all came back and so that the whole

566

00:24:57,489 --> 00:24:55,100

process for me was like in a shamanic

567

00:24:59,200 --> 00:24:57,499

initiation just delayed for 40 years

568

00:25:01,149 --> 00:24:59,210

because at 14 I should have had it at

569

00:25:03,369 --> 00:25:01,159

that age but the whole thing was so

570

00:25:05,980 --> 00:25:03,379

catastrophic that my psyche protected me

571

00:25:08,409 --> 00:25:05,990

by separating it off but when it came

572

00:25:12,159 --> 00:25:08,419

back I realized that that part of my

573

00:25:13,869 --> 00:25:12,169

calling here was to get back in touch

574

00:25:14,300 --> 00:25:13,879

with this experience to realize that I

575

00:25:20,120 --> 00:25:14,310

am

576

00:25:22,910 --> 00:25:20,130

not these expectations I have and what a

577

00:25:24,560 --> 00:25:22,920

relief that is and if we only didn't get

578

00:25:26,240 --> 00:25:24,570

so tangled up in our thoughts about

579

00:25:29,180 --> 00:25:26,250

ourselves we would find out that we're

580

00:25:31,850 --> 00:25:29,190

already we're already not only defined

581

00:25:33,500 --> 00:25:31,860

but we're already eternal the forms will

582

00:25:37,040 --> 00:25:33,510

change but the consciousness goes on

583

00:25:38,660 --> 00:25:37,050

forever so I had an ear I had what you

584

00:25:40,700 --> 00:25:38,670

might call a near-death experience not

585

00:25:42,350 --> 00:25:40,710

an out of body type but it the type that

586

00:25:44,900 --> 00:25:42,360

said this is what it looks like this is

587

00:25:46,700 --> 00:25:44,910

what it is but it's but in fact it isn't

588

00:25:48,650 --> 00:25:46,710

this is actually something much more

589

00:25:53,210 --> 00:25:48,660

grams so you did have enough of a

590

00:25:55,910 --> 00:25:53,220

glimpse to capture a feeling of and more

591

00:25:58,310 --> 00:25:55,920

expanded awareness about it versus being

592

00:26:01,160 --> 00:25:58,320

like quote one of us on this side just

593

00:26:03,050 --> 00:26:01,170

kind of guessing and assuming yeah I had

594

00:26:05,240 --> 00:26:03,060

a taste of it yeah well and you have

595

00:26:07,700 --> 00:26:05,250

also found that in my older years here

596

00:26:09,560 --> 00:26:07,710

when somebody dies on close to it's as

597

00:26:11,360 --> 00:26:09,570

if a window opens through their dying

598

00:26:13,880 --> 00:26:11,370

and I can follow them for a period of

599

00:26:16,400 --> 00:26:13,890

time when my mother died you know I was

600

00:26:18,110 --> 00:26:16,410

really had a sense that i could continue

601
00:26:20,630 --> 00:26:18,120
communicating with her and find out what

602
00:26:22,790 --> 00:26:20,640
she was doing next and and what her

603
00:26:25,340 --> 00:26:22,800
struggle was after that and also with my

604
00:26:26,930 --> 00:26:25,350
father and a nephew that died and it's

605
00:26:29,900 --> 00:26:26,940
been kind of wonderful following these

606
00:26:31,730 --> 00:26:29,910
people to see how they've come to terms

607
00:26:33,320 --> 00:26:31,740
with what happened and how they moved on

608
00:26:37,460 --> 00:26:33,330
with their life now in this next world

609
00:26:40,070 --> 00:26:37,470
the window opens at the the the capacity

610
00:26:42,410 --> 00:26:40,080
to to experience the consciousness that

611
00:26:44,690 --> 00:26:42,420
embraces them all it's all coexisting

612
00:26:46,880 --> 00:26:44,700
and as veil gets thinner you say oh I

613
00:26:49,370 --> 00:26:46,890

can still talk to her you know she can

614

00:26:53,780 --> 00:26:49,380

still tell me what's going on nothing is

615

00:26:58,700 --> 00:26:53,790

what you think it is you know when my

616

00:27:01,400 --> 00:26:58,710

sister passed some years ago mm-hmm um I

617

00:27:04,340 --> 00:27:01,410

got a phone call I just moved to Memphis

618

00:27:05,570 --> 00:27:04,350

Tennessee had just moved and two weeks

619

00:27:07,070 --> 00:27:05,580

later I get a phone call from my dad

620

00:27:08,960 --> 00:27:07,080

telling me to come home my sister's

621

00:27:12,050 --> 00:27:08,970

gonna pass I get there to the hospital

622

00:27:15,050 --> 00:27:12,060

bed and I grab her hands and she's

623

00:27:17,150 --> 00:27:15,060

unconscious and John she was pulling me

624

00:27:20,000 --> 00:27:17,160

out of my body or I was leaving to her

625

00:27:22,190 --> 00:27:20,010

current as she was associating and I

626

00:27:24,170 --> 00:27:22,200

started to get what at least what I

627

00:27:25,550 --> 00:27:24,180

thought from that moment was faint at

628

00:27:27,590 --> 00:27:25,560

least that's what it's felt what it felt

629

00:27:28,070 --> 00:27:27,600

like got it but I knew something much

630

00:27:30,440 --> 00:27:28,080

more

631

00:27:33,080 --> 00:27:30,450

Rand and was going life force was

632

00:27:35,419 --> 00:27:33,090

beginning to be drawn out yes there were

633

00:27:37,130 --> 00:27:35,429

yes definitely and I had to sit down

634

00:27:39,560 --> 00:27:37,140

against the hospital wall my mom and dad

635

00:27:41,720 --> 00:27:39,570

said ki te ok I said yeah I'm just fine

636

00:27:43,190 --> 00:27:41,730

of course my mother's a worrywart and so

637

00:27:45,889 --> 00:27:43,200

last thing to do is tell her what it

638

00:27:47,210 --> 00:27:45,899

felt like yeah searching going this

639

00:27:50,450 --> 00:27:47,220

tailspin oh my god I'm losing two

640

00:27:52,340 --> 00:27:50,460

children but all in years into the

641

00:27:54,590 --> 00:27:52,350

future i'm playing music in Memphis

642

00:27:57,200 --> 00:27:54,600

Tennessee one night at a club friday

643

00:27:59,570 --> 00:27:57,210

night long story short a couple of weeks

644

00:28:01,730 --> 00:27:59,580

before this particular night in event a

645

00:28:04,070 --> 00:28:01,740

friend of mine was there she was telling

646

00:28:05,600 --> 00:28:04,080

me about she missed her deceased

647

00:28:07,310 --> 00:28:05,610

boyfriend and she was another girlfriend

648

00:28:08,750 --> 00:28:07,320

all these indirect ways of saying i

649

00:28:10,279 --> 00:28:08,760

wanna die i wanna die i want to see I

650

00:28:12,680 --> 00:28:10,289

want to be with him I want to see his

651

00:28:14,149 --> 00:28:12,690

face and all this so I totally be

652

00:28:15,740 --> 00:28:14,159

careful the next week the same thing

653

00:28:17,299 --> 00:28:15,750

happened hey Keith and she's drunk and

654

00:28:20,320 --> 00:28:17,309

my boyfriend and I miss him and I wish

655

00:28:22,370 --> 00:28:20,330

it was me and on him that I did it up I

656

00:28:25,870 --> 00:28:22,380

told the same thing you might want to be

657

00:28:29,539 --> 00:28:25,880

careful that night her her ex-boyfriend

658

00:28:32,570 --> 00:28:29,549

at that time they had some troubles in a

659

00:28:34,310 --> 00:28:32,580

relationship came to the club mmm screams

660

00:28:35,990 --> 00:28:34,320

two dollars and his change to get in to

661

00:28:38,210 --> 00:28:36,000

pay the admission looked around the room

662

00:28:39,740 --> 00:28:38,220

saw her walked up to her pushed her

663

00:28:43,820 --> 00:28:39,750

police officer boyfriend out the way and

664

00:28:46,220 --> 00:28:43,830

shot in the back dad with all and so I'm

665

00:28:48,440 --> 00:28:46,230

about to go on stage and I hear snap and

666

00:28:50,570 --> 00:28:48,450

if you don't turn my PA system in my

667

00:28:51,980 --> 00:28:50,580

amplifier insert order there's an

668

00:28:54,350 --> 00:28:51,990

electrical pass through and there's a

669

00:28:55,909 --> 00:28:54,360

snap and so exactly when I flip that

670

00:28:58,549 --> 00:28:55,919

switch there was that sound so I

671

00:28:59,930 --> 00:28:58,559

attributed to that and then I hear it

672

00:29:02,299 --> 00:28:59,940

again and people are rushing towards to

673

00:29:04,070 --> 00:29:02,309

say stayed saying oh my god and I'm

674

00:29:05,840 --> 00:29:04,080

saying oh my god that's a gun and so I'm

675

00:29:07,970 --> 00:29:05,850

in denial while I'm ducking cuz I'm

676
00:29:10,909 --> 00:29:07,980
saying just can't be happening so after

677
00:29:16,039 --> 00:29:10,919
I felt confident that things were okay

678
00:29:18,470 --> 00:29:16,049
45 seconds minute later um I went around

679
00:29:21,860 --> 00:29:18,480
the room and I saw her laying on the

680
00:29:24,379 --> 00:29:21,870
floor dying and they were police officer

681
00:29:26,990 --> 00:29:24,389
were fans of the band paramedics and I'm

682
00:29:29,090 --> 00:29:27,000
running in in to her and a couple of

683
00:29:31,250 --> 00:29:29,100
cops say uh where you think you go and

684
00:29:32,990 --> 00:29:31,260
she's one of the main people there

685
00:29:38,269 --> 00:29:33,000
paramedic said let him go she wants she

686
00:29:41,220 --> 00:29:38,279
would want to talk to him Wow is that is

687
00:29:46,080 --> 00:29:41,230
very profound and yeah tragic and so

688
00:29:47,610 --> 00:29:46,090

as I walk up runnable I mean I get on

689

00:29:50,640 --> 00:29:47,620

the floor with her and I put her hand

690

00:29:53,430 --> 00:29:50,650

and one in my hand and I put her head in

691

00:29:57,270 --> 00:29:53,440

my other and I began to talk to her and

692

00:30:00,690 --> 00:29:57,280

all the fear I had when that shot went

693

00:30:03,590 --> 00:30:00,700

off all the fear and anxiety and anger I

694

00:30:06,390 --> 00:30:03,600

was mad even before I knew was her um

695

00:30:10,590 --> 00:30:06,400

that took place when I touched her

696

00:30:13,650 --> 00:30:10,600

magically it stopped yeah it became

697

00:30:16,680 --> 00:30:13,660

something very very beautiful why I felt

698

00:30:19,860 --> 00:30:16,690

honored I felt privileged yes blessed

699

00:30:23,100 --> 00:30:19,870

that her and God or higher Constance

700

00:30:25,080 --> 00:30:23,110

divine trusted me enough to be the

701
00:30:27,000 --> 00:30:25,090
person who whispers sweet somethings in

702
00:30:30,630 --> 00:30:27,010
her ear as she was passing and that

703
00:30:34,080 --> 00:30:30,640
experience for me as you said was not

704
00:30:38,700 --> 00:30:34,090
about death it was about an opening so

705
00:30:41,700 --> 00:30:38,710
through her dying I got to touch that

706
00:30:43,350 --> 00:30:41,710
place within myself that's beautiful

707
00:30:45,659 --> 00:30:43,360
what a beautiful experience what and

708
00:30:48,030 --> 00:30:45,669
what a wonderful teaching it was because

709
00:30:50,220 --> 00:30:48,040
we recoil from what looks like a

710
00:30:51,840 --> 00:30:50,230
horrible thing but yet when we're right

711
00:30:54,840 --> 00:30:51,850
when we're right with it and touch it is

712
00:30:56,310 --> 00:30:54,850
not what we thought it was people who

713
00:30:58,890 --> 00:30:56,320

have out-of-body experiences when

714

00:31:00,240 --> 00:30:58,900

they're you know in a car accident or

715

00:31:01,830 --> 00:31:00,250

something they may be floating above

716

00:31:03,120 --> 00:31:01,840

their body looking down and theirs and

717

00:31:05,310 --> 00:31:03,130

they're trying to communicate to the

718

00:31:07,289 --> 00:31:05,320

paramedics and say hey hey that's okay I

719

00:31:09,990 --> 00:31:07,299

feel great let me go you know I never

720

00:31:12,570 --> 00:31:10,000

felt so good you know I just wish that

721

00:31:15,659 --> 00:31:12,580

everyone in that run could have felt

722

00:31:19,409 --> 00:31:15,669

what I felt because while I was having

723

00:31:21,030 --> 00:31:19,419

this amazing wash of bliss um and her

724

00:31:23,970 --> 00:31:21,040

death was beautiful to me they were

725

00:31:26,669 --> 00:31:23,980

still in the experience of the fear the

726

00:31:29,039 --> 00:31:26,679

anger the separation the pet the pain

727

00:31:33,060 --> 00:31:29,049

the death to lost the grief to dying all

728

00:31:34,799 --> 00:31:33,070

those energies yeah yeah John we're at

729

00:31:37,530 --> 00:31:34,809

the bottom of the hour would you give

730

00:31:39,240 --> 00:31:37,540

out your contacts sir to our listening

731

00:31:40,860 --> 00:31:39,250

audience incentive light radio and let

732

00:31:43,409 --> 00:31:40,870

them know how they can find more of you

733

00:31:45,419 --> 00:31:43,419

your books and all this phenomenal work

734

00:31:50,220 --> 00:31:45,429

you're doing hey thank you so much as

735

00:31:54,060 --> 00:31:50,230

you can find me at ww John Robinson RBI

736

00:31:55,740 --> 00:31:54,070

NSO an org orgy

737

00:31:58,410 --> 00:31:55,750

there you'll find all my books and my

738

00:32:00,270 --> 00:31:58,420

wet my website you can yeah you're

739

00:32:01,590 --> 00:32:00,280

welcome to I've got a you know email

740

00:32:03,510 --> 00:32:01,600

link there you're welcome to email me I

741

00:32:05,670 --> 00:32:03,520

love to respond to people's requests and

742

00:32:08,580 --> 00:32:05,680

questions and so forth so come visit me

743

00:32:10,770 --> 00:32:08,590

I can tell that you do I can tell that

744

00:32:12,870 --> 00:32:10,780

you know you may have busy days and some

745

00:32:15,300 --> 00:32:12,880

emails mike becker but i can see you as

746

00:32:18,480 --> 00:32:15,310

the guy that gets in there and makes a

747

00:32:20,340 --> 00:32:18,490

sandwich you get in there and you talk

748

00:32:22,440 --> 00:32:20,350

to people and that that's why you and I

749

00:32:24,780 --> 00:32:22,450

have such a great kick when we do this

750

00:32:30,360 --> 00:32:24,790

show listening audience make sure that

751
00:32:32,190 --> 00:32:30,370
you dial 8 8 8 9 19 2 3 5 5 8 8 8 9 19 2

752
00:32:34,830 --> 00:32:32,200
3 5 5 come on the air with John and

753
00:32:38,730 --> 00:32:34,840
myself come say hi center of light radio

754
00:32:45,390 --> 00:32:38,740
Monday night's 6 p.m. eastern daylight

755
00:32:47,790 --> 00:32:45,400
time you know John I've had experiences

756
00:32:50,280 --> 00:32:47,800
soul experiences when I've been to the

757
00:32:51,870 --> 00:32:50,290
other side not per se astral travel

758
00:32:54,360 --> 00:32:51,880
though it might have been astral travel

759
00:32:57,750 --> 00:32:54,370
and higher forms this was more like a

760
00:33:00,720 --> 00:32:57,760
causal experience I was touching and

761
00:33:02,760 --> 00:33:00,730
can't there's no word in fact you're not

762
00:33:04,940 --> 00:33:02,770
supposed to use hard but no way i can

763
00:33:08,940 --> 00:33:04,950

describe with words there was like

764

00:33:11,580 --> 00:33:08,950

subtler and subtler layers and I was

765

00:33:14,850 --> 00:33:11,590

actually brought once brought came upon

766

00:33:19,110 --> 00:33:14,860

the Godhead excuse me and the experience

767

00:33:22,230 --> 00:33:19,120

that was about to happen was the only

768

00:33:24,660 --> 00:33:22,240

thing separating myself my conscious

769

00:33:27,870 --> 00:33:24,670

awareness from it which I absolutely

770

00:33:30,180 --> 00:33:27,880

knew without a doubt beyond myself in

771

00:33:33,330 --> 00:33:30,190

this layer was the Godhead and it dawned

772

00:33:36,570 --> 00:33:33,340

on me that what this layer was was a

773

00:33:40,080 --> 00:33:36,580

thought in my mind it wasn't a wall it

774

00:33:42,030 --> 00:33:40,090

wasn't permission it was a belief in my

775

00:33:44,630 --> 00:33:42,040

head okay Keith you have now come upon

776

00:33:47,400 --> 00:33:44,640

the center of creation so in that

777

00:33:52,650 --> 00:33:47,410

declaration odd I've automatically had

778

00:33:55,950 --> 00:33:52,660

separated myself from it and I was truly

779

00:33:58,950 --> 00:33:55,960

given a glimpse and basically like a

780

00:34:00,990 --> 00:33:58,960

girl Kurt on a stage being lifted up

781

00:34:02,820 --> 00:34:01,000

real quick and dropped down again in a

782

00:34:05,250 --> 00:34:02,830

matter of a second I mean it happened

783

00:34:07,450 --> 00:34:05,260

that fast but in that second I was able

784

00:34:12,399 --> 00:34:07,460

to get a blast of light information

785

00:34:14,530 --> 00:34:12,409

knowledge experience I knew another part

786

00:34:16,629 --> 00:34:14,540

of the separation thought I knew that

787

00:34:19,389 --> 00:34:16,639

somewhere down there a gazillion miles

788

00:34:22,089 --> 00:34:19,399

down on bed was the body the identity

789

00:34:25,030 --> 00:34:22,099

Keith Blanchard all that is important to

790

00:34:28,480 --> 00:34:25,040

him dang it and all my arrogance and all

791

00:34:30,700 --> 00:34:28,490

my beliefs all my subconscious Catholic

792

00:34:32,619 --> 00:34:30,710

believes in what I thought is right and

793

00:34:34,510 --> 00:34:32,629

wrong holy and blasphemous good and bad

794

00:34:39,849 --> 00:34:34,520

love enlightened all this cool stuff and

795

00:34:44,169 --> 00:34:39,859

I realize I was not ready to no pun

796

00:34:46,359 --> 00:34:44,179

intended died I am they showed me that

797

00:34:48,119 --> 00:34:46,369

glimpse in day which I can't explain it

798

00:34:50,349 --> 00:34:48,129

if you see no second movie The Matrix

799

00:34:52,930 --> 00:34:50,359

yeah when they're in the tunnel and they

800

00:34:56,290 --> 00:34:52,940

all just doing this primal tribal kind

801
00:34:58,990 --> 00:34:56,300
of passionate juicy stomping and dancing

802
00:35:01,030 --> 00:34:59,000
and celebratory kind of thing I have no

803
00:35:04,240 --> 00:35:01,040
other words describe it but it was like

804
00:35:06,520 --> 00:35:04,250
that and so obviously I chose not to

805
00:35:09,220 --> 00:35:06,530
walk into it because the the final part

806
00:35:11,589 --> 00:35:09,230
of the separate of thought was that if I

807
00:35:14,079 --> 00:35:11,599
walk into their I'm not going to come

808
00:35:16,480 --> 00:35:14,089
back uh-huh well you've had a mystical

809
00:35:19,890 --> 00:35:16,490
experience that had near-death qualities

810
00:35:22,210 --> 00:35:19,900
to it that you know and in fact when you

811
00:35:24,490 --> 00:35:22,220
done a lot of workshops with people on

812
00:35:25,690 --> 00:35:24,500
mysticism and when I ask people when it

813
00:35:27,760 --> 00:35:25,700

might explain to people what what a

814

00:35:31,320 --> 00:35:27,770

mystical experience is that that kind of

815

00:35:33,310 --> 00:35:31,330

experience with experience of oneness or

816

00:35:34,750 --> 00:35:33,320

surrounded by a presence or a

817

00:35:37,240 --> 00:35:34,760

brightening of the light or a sense of

818

00:35:39,849 --> 00:35:37,250

unity almost everybody will raise their

819

00:35:41,650 --> 00:35:39,859

hands and say the end they can find when

820

00:35:44,050 --> 00:35:41,660

we've all had them because the divine is

821

00:35:46,990 --> 00:35:44,060

leaking into our experience all the time

822

00:35:49,270 --> 00:35:47,000

seekers like you and me try harder and

823

00:35:51,250 --> 00:35:49,280

so oftentimes we have bigger experiences

824

00:35:52,599 --> 00:35:51,260

like that but not necessarily such a lot

825

00:35:54,430 --> 00:35:52,609

of people have profound mystical

826

00:35:56,290 --> 00:35:54,440

experience who were not religious and

827

00:35:58,570 --> 00:35:56,300

not trying and suddenly they're walking

828

00:36:01,060 --> 00:35:58,580

across a field and it hits them and they

829

00:36:03,099 --> 00:36:01,070

are forever changed the thing is that

830

00:36:07,060 --> 00:36:03,109

what you're experiencing in that in that

831

00:36:10,420 --> 00:36:07,070

profound a mystical unity with the other

832

00:36:12,460 --> 00:36:10,430

is experiencing yourself that's the self

833

00:36:14,589 --> 00:36:12,470

with the capital s that's the Godhead

834

00:36:18,609 --> 00:36:14,599

that we always project outside ourselves

835

00:36:20,020 --> 00:36:18,619

and then try to find but the irony is of

836

00:36:21,280 --> 00:36:20,030

course that we can't find it someplace

837

00:36:23,020 --> 00:36:21,290

else until we go with

838

00:36:25,420 --> 00:36:23,030

then and find it at like you say the

839

00:36:28,240 --> 00:36:25,430

bottom at the center of our own creation

840

00:36:30,280 --> 00:36:28,250

and there it is and we still haven't

841

00:36:32,230 --> 00:36:30,290

tendency you know I'm spiritually

842

00:36:34,990 --> 00:36:32,240

looming your spiritual element we're all

843

00:36:36,670 --> 00:36:35,000

spirits with right and we know all the

844

00:36:38,260 --> 00:36:36,680

truths and we know all the principles

845

00:36:41,020 --> 00:36:38,270

when all the techniques we know exactly

846

00:36:44,800 --> 00:36:41,030

where it is to find it we still keep

847

00:36:46,600 --> 00:36:44,810

looking outside well roomy wonder if the

848

00:36:50,410 --> 00:36:46,610

wonderful Sufi poet said none of us have

849

00:36:53,530 --> 00:36:50,420

gone far which is probably an apt

850

00:36:54,940 --> 00:36:53,540

description haha and you know and then

851
00:36:56,500 --> 00:36:54,950
there's the other side of that coin and

852
00:36:58,030 --> 00:36:56,510
fact is the whole coin it's there's not

853
00:37:00,190 --> 00:36:58,040
an inside there's not an outside all

854
00:37:01,480 --> 00:37:00,200
there is is really an inside yeah that

855
00:37:04,660 --> 00:37:01,490
all those things are boundaries that are

856
00:37:06,850 --> 00:37:04,670
artificial we create those to divide the

857
00:37:09,820 --> 00:37:06,860
world up and into the 10,000 things and

858
00:37:12,310 --> 00:37:09,830
then we struggle with them and it comes

859
00:37:14,410 --> 00:37:12,320
as they all melt away yeah and I told

860
00:37:19,180 --> 00:37:14,420
that long story because of something you

861
00:37:21,100 --> 00:37:19,190
said that when we cross over it's it's

862
00:37:23,650 --> 00:37:21,110
not about the thoughts and those

863
00:37:26,230 --> 00:37:23,660

thoughts as I was describing in my

864

00:37:27,790 --> 00:37:26,240

experience no Matt and I even described

865

00:37:29,380 --> 00:37:27,800

a bunch of them they were believed they

866

00:37:31,270 --> 00:37:29,390

were right and wrong good and Bad's holy

867

00:37:34,690 --> 00:37:31,280

blast most these are all just thoughts

868

00:37:37,140 --> 00:37:34,700

they're just fanciful ideas actly eggs

869

00:37:39,970 --> 00:37:37,150

and they have no meaning whatsoever

870

00:37:41,470 --> 00:37:39,980

exact only becomes reals when it passes

871

00:37:42,880 --> 00:37:41,480

through your mind like a cloud if you

872

00:37:44,470 --> 00:37:42,890

grab it and that's when you anchoring

873

00:37:47,020 --> 00:37:44,480

congeal it to the earth energy because

874

00:37:50,170 --> 00:37:47,030

you're physical you at you and continue

875

00:37:52,900 --> 00:37:50,180

in intending you're willing you're

876

00:37:56,590 --> 00:37:52,910

calling it forth but so it's really

877

00:37:58,720 --> 00:37:56,600

about letting go yeah we create a lot of

878

00:38:00,250 --> 00:37:58,730

suffering we're a number of suffering

879

00:38:03,220 --> 00:38:00,260

with these belief systems that we attach

880

00:38:05,080 --> 00:38:03,230

to and then try to fix ourselves with an

881

00:38:08,050 --> 00:38:05,090

erroneous belief or the first place and

882

00:38:10,180 --> 00:38:08,060

we do this for years the but you know

883

00:38:12,010 --> 00:38:10,190

the spiritual path and mins the stages

884

00:38:15,850 --> 00:38:12,020

of faith the stages of spirituality

885

00:38:17,890 --> 00:38:15,860

always get to a place where um you

886

00:38:20,160 --> 00:38:17,900

realize that it's not in books it is not

887

00:38:22,540 --> 00:38:20,170

in teachers and it's not in complicated

888

00:38:25,410 --> 00:38:22,550

philosophies or theologies it's in the

889

00:38:29,260 --> 00:38:25,420

moment it's in the silence it's in here

890

00:38:32,620 --> 00:38:29,270

so there's really no spiritual practice

891

00:38:34,180 --> 00:38:32,630

this is questioned you other than truly

892

00:38:34,860 --> 00:38:34,190

there are different practice and in

893

00:38:37,830 --> 00:38:34,870

technique

894

00:38:40,320 --> 00:38:37,840

news but in the end it's really all like

895

00:38:42,150 --> 00:38:40,330

letting go because all the thoughts that

896

00:38:44,580 --> 00:38:42,160

we have that are higher in nature that's

897

00:38:48,210 --> 00:38:44,590

one thing but it's all the other earthly

898

00:38:52,050 --> 00:38:48,220

stuff that we need to dissipate let go

899

00:38:53,820 --> 00:38:52,060

of in order to ascend a little more the

900

00:38:55,830 --> 00:38:53,830

transition to be smoother from the chat

901
00:38:57,660 --> 00:38:55,840
room profanity profundity has a

902
00:38:59,670 --> 00:38:57,670
phenomenal question and I've always

903
00:39:01,800 --> 00:38:59,680
thought this myself at least when I

904
00:39:04,500 --> 00:39:01,810
could see at a glance he asked a

905
00:39:07,260 --> 00:39:04,510
question John are we not always quote

906
00:39:10,170 --> 00:39:07,270
there but just not consciously aware of

907
00:39:12,420 --> 00:39:10,180
it loudly while here they don't we

908
00:39:15,540 --> 00:39:12,430
occupy both the spirit realm in the

909
00:39:18,240 --> 00:39:15,550
physical realm concurrently yes and the

910
00:39:20,900 --> 00:39:18,250
key is to stop thinking heightened

911
00:39:23,820 --> 00:39:20,910
awareness come into the presence

912
00:39:26,340 --> 00:39:23,830
experience the prayer and then see where

913
00:39:27,990 --> 00:39:26,350

you really are all that stuff washes

914

00:39:32,520 --> 00:39:28,000

away and you realize you're in the

915

00:39:35,760 --> 00:39:32,530

garden yeah because we can't be here and

916

00:39:37,670 --> 00:39:35,770

not there because you know we manifest

917

00:39:40,680 --> 00:39:37,680

our physical bodies from the realm of

918

00:39:42,810 --> 00:39:40,690

the unified field from the quantum birth

919

00:39:46,020 --> 00:39:42,820

field we produce literally project

920

00:39:49,830 --> 00:39:46,030

ourselves into three-dimensional figures

921

00:39:51,540 --> 00:39:49,840

of matter but if we were not there still

922

00:39:53,720 --> 00:39:51,550

there would be no extension of light

923

00:39:57,590 --> 00:39:53,730

forever that connection that for that

924

00:40:00,780 --> 00:39:57,600

expression to ever happen mmhmm yeah

925

00:40:03,630 --> 00:40:00,790

that me Unity means unity it doesn't

926
00:40:07,020 --> 00:40:03,640
mean you know well right right as above

927
00:40:09,210 --> 00:40:07,030
so below yeah exactly so this is M you

928
00:40:12,930 --> 00:40:09,220
know the sadly pantheism got a really

929
00:40:14,610 --> 00:40:12,940
negative wrap it what you know when

930
00:40:16,110 --> 00:40:14,620
science said oh it doesn't make any

931
00:40:17,910 --> 00:40:16,120
sense of religion said the world has

932
00:40:20,190 --> 00:40:17,920
fallen and we you know it's all sinful

933
00:40:22,590 --> 00:40:20,200
and and blah blah blah and the truth is

934
00:40:25,170 --> 00:40:22,600
it's all god it's only God exists and

935
00:40:28,440 --> 00:40:25,180
then we with our minds make all these

936
00:40:30,570 --> 00:40:28,450
separations and when we dissolve the

937
00:40:32,730 --> 00:40:30,580
separations and as we age and we realize

938
00:40:35,400 --> 00:40:32,740

oh my gosh i'm part of the oneness how

939

00:40:37,140 --> 00:40:35,410

glorious is this and there's no place to

940

00:40:40,080 --> 00:40:37,150

go there's nothing to figure out there's

941

00:40:41,970 --> 00:40:40,090

nothing to dissolve I've been in it all

942

00:40:46,700 --> 00:40:41,980

the time then there's a peacefulness

943

00:40:51,650 --> 00:40:49,250

I'm sure now about this moment in this

944

00:40:55,609 --> 00:40:51,660

radio show you're probably feeling that

945

00:40:58,550 --> 00:40:55,619

buzz we're cooking here I feel the

946

00:41:01,280 --> 00:40:58,560

energy I feel my energy elevate I can

947

00:41:03,140 --> 00:41:01,290

only assume it I once a week I have

948

00:41:04,940 --> 00:41:03,150

experienced a to a degree when I

949

00:41:06,609 --> 00:41:04,950

mentioned the Godhead experience but

950

00:41:10,700 --> 00:41:06,619

also in some of my nightly excursions

951
00:41:14,000 --> 00:41:10,710
but in the transition of death I can

952
00:41:15,500 --> 00:41:14,010
only imagine and I've had many levels of

953
00:41:18,650 --> 00:41:15,510
feeling when I was winning in India with

954
00:41:22,099 --> 00:41:18,660
sai baba being blasted wide open but the

955
00:41:24,500 --> 00:41:22,109
remembering that must manifest an anchor

956
00:41:27,380 --> 00:41:24,510
itself like a lightning rod when you

957
00:41:30,980 --> 00:41:27,390
cross over that first bang of reality

958
00:41:32,839 --> 00:41:30,990
must be Jesus something probably your

959
00:41:35,120 --> 00:41:32,849
physical body couldn't even stand uh-huh

960
00:41:36,800 --> 00:41:35,130
yeah and that life review must be must

961
00:41:38,960 --> 00:41:36,810
be incredible and we've all done it many

962
00:41:40,849 --> 00:41:38,970
times you know and I think actually as

963
00:41:43,099 --> 00:41:40,859

you get older and closer to the end you

964

00:41:44,960 --> 00:41:43,109

begin to remember more of that again it

965

00:41:47,440 --> 00:41:44,970

leaks through from the other side and

966

00:41:49,339 --> 00:41:47,450

you say you know I've done this

967

00:41:51,530 --> 00:41:49,349

transition before I've been through this

968

00:41:56,510 --> 00:41:51,540

passage I feel that's why I think the

969

00:42:00,950 --> 00:41:56,520

grace that's a trace that's right whoo

970

00:42:04,220 --> 00:42:00,960

whoo hmm John are you excited about your

971

00:42:06,710 --> 00:42:04,230

passing you know I am you know I've had

972

00:42:08,510 --> 00:42:06,720

various meza medical crises like like a

973

00:42:10,040 --> 00:42:08,520

whack you know a couple weeks ago they

974

00:42:12,589 --> 00:42:10,050

thought I had congestive heart failure

975

00:42:14,960 --> 00:42:12,599

or in cornea artery disease and and I'm

976

00:42:16,609 --> 00:42:14,970

and I turns out it was probably false

977

00:42:20,420 --> 00:42:16,619

positive we don't know for sure but the

978

00:42:23,120 --> 00:42:20,430

thing was I was a of a mixed mind about

979

00:42:25,970 --> 00:42:23,130

it the part of me was oh my gosh I'm not

980

00:42:29,000 --> 00:42:25,980

ready but part of me also said this is

981

00:42:31,700 --> 00:42:29,010

no big deal you know i'm i'm i am

982

00:42:33,500 --> 00:42:31,710

infinitely happy that that i am in this

983

00:42:34,970 --> 00:42:33,510

moment and whatever happens does not

984

00:42:36,710 --> 00:42:34,980

really matter this is going to happen

985

00:42:39,470 --> 00:42:36,720

everybody's going to go along they'll be

986

00:42:40,970 --> 00:42:39,480

fine and so I think that when as we age

987

00:42:43,660 --> 00:42:40,980

we have more and more of these kind of

988

00:42:46,099 --> 00:42:43,670

epiphanies like okay so I could die

989

00:42:47,510 --> 00:42:46,109

that's all right I was going to ask you

990

00:42:50,000 --> 00:42:47,520

a question and you answered it

991

00:42:51,800 --> 00:42:50,010

absolutely poetically what you said my

992

00:42:53,750 --> 00:42:51,810

question was going to be my first person

993

00:42:55,550 --> 00:42:53,760

can call out a statement which is I

994

00:42:57,109 --> 00:42:55,560

didn't want to get personal but I was

995

00:42:58,670 --> 00:42:57,119

going to ask you in situation like you

996

00:43:00,510 --> 00:42:58,680

just described that you might have a

997

00:43:04,470 --> 00:43:00,520

medical crisis recently

998

00:43:06,630 --> 00:43:04,480

was it could have happened that what the

999

00:43:09,210 --> 00:43:06,640

thoughts what would be in your mind

1000

00:43:10,710 --> 00:43:09,220

would it be ah let me go to the doctor

1001
00:43:12,810 --> 00:43:10,720
of course we want to live as long as we

1002
00:43:15,990 --> 00:43:12,820
can because that playground is going to

1003
00:43:19,260 --> 00:43:16,000
be there forever but yet I'm okay

1004
00:43:22,680 --> 00:43:19,270
because I'm infinitely happy and in that

1005
00:43:25,800 --> 00:43:22,690
letting go does it create a doorway for

1006
00:43:27,930 --> 00:43:25,810
more longevity versus rushing to the

1007
00:43:32,190 --> 00:43:27,940
doctor which yet is still an intention

1008
00:43:35,490 --> 00:43:32,200
to longevity do you follow me yeah I'm

1009
00:43:37,800 --> 00:43:35,500
not quite with you say it again when

1010
00:43:39,660 --> 00:43:37,810
this crisis was upon you yet again in

1011
00:43:42,930 --> 00:43:39,670
your recent past did you find yourself

1012
00:43:46,920 --> 00:43:42,940
moving quote but yet metaphorically and

1013
00:43:48,720 --> 00:43:46,930

literally into this window of like you

1014

00:43:50,850 --> 00:43:48,730

said I'm blissful I live forever

1015

00:43:53,430 --> 00:43:50,860

blissful and happy I'm infinitely happy

1016

00:43:56,540 --> 00:43:53,440

you said yes so did you find yourself

1017

00:44:00,090 --> 00:43:56,550

not rushing to the doctor so quick to

1018

00:44:02,550 --> 00:44:00,100

create longevity a little more life but

1019

00:44:06,060 --> 00:44:02,560

yet in your relax letting go about it

1020

00:44:09,090 --> 00:44:06,070

all probably eased your beingness your

1021

00:44:11,970 --> 00:44:09,100

system which may have given you more

1022

00:44:14,310 --> 00:44:11,980

life than freaking out running to the

1023

00:44:16,560 --> 00:44:14,320

doctor yes actually I think I think the

1024

00:44:18,930 --> 00:44:16,570

shock of it allowed me to let it go I

1025

00:44:20,340 --> 00:44:18,940

mean I like whoa and and then there was

1026

00:44:22,050 --> 00:44:20,350

a kind of a letting go of the whole

1027

00:44:24,540 --> 00:44:22,060

thing because I realized it was just a

1028

00:44:25,980 --> 00:44:24,550

drama that was happening in my mind that

1029

00:44:28,260 --> 00:44:25,990

was going to you know play out in

1030

00:44:32,820 --> 00:44:28,270

whatever way it did but I was not that

1031

00:44:34,320 --> 00:44:32,830

drama and and um there was an okay pneus

1032

00:44:35,790 --> 00:44:34,330

to it I think that's what happens the

1033

00:44:38,610 --> 00:44:35,800

more of these things that happen as we

1034

00:44:41,250 --> 00:44:38,620

age that would have been catastrophic at

1035

00:44:43,140 --> 00:44:41,260

30 or 40 or 50 I think and then later

1036

00:44:47,040 --> 00:44:43,150

you say this is part of the journey home

1037

00:44:48,900 --> 00:44:47,050

and oh okay so I that'll happen or won't

1038

00:44:51,120 --> 00:44:48,910

happen but I'm no longer so attached to

1039

00:44:53,490 --> 00:44:51,130

be stayin alive as I used to be or I

1040

00:44:55,470 --> 00:44:53,500

need to be and as a result of that I'm

1041

00:44:57,330 --> 00:44:55,480

more comfortable with the flow you know

1042

00:44:59,730 --> 00:44:57,340

with just being in the river of life

1043

00:45:01,470 --> 00:44:59,740

until it goes wherever it goes whether I

1044

00:45:05,340 --> 00:45:01,480

live longer or not seems to be less

1045

00:45:08,490 --> 00:45:05,350

important then then um being okay with

1046

00:45:11,190 --> 00:45:08,500

the whole thing feeling that this is

1047

00:45:12,529 --> 00:45:11,200

about this vast love Wells up inside of

1048

00:45:14,390 --> 00:45:12,539

me from the

1049

00:45:17,209 --> 00:45:14,400

the depths of my being and this joy

1050

00:45:20,799 --> 00:45:17,219

happens and then you know after that how

1051

00:45:23,989 --> 00:45:20,809

can you be upset about anything hey yeah

1052

00:45:26,929 --> 00:45:23,999

wow dude why why well and I can feel

1053

00:45:31,249 --> 00:45:26,939

that when you express yourself I can

1054

00:45:33,890 --> 00:45:31,259

feel your sincerity where are you coming

1055

00:45:40,159 --> 00:45:33,900

from that this is really truly your

1056

00:45:42,289 --> 00:45:40,169

truth yeah I mean we see that ah Wow

1057

00:45:44,539 --> 00:45:42,299

phenomenal so what is tell us about this

1058

00:45:46,669 --> 00:45:44,549

new book you got coming up my friend so

1059

00:45:47,959 --> 00:45:46,679

I wrote this novel I saw I've written

1060

00:45:50,539 --> 00:45:47,969

these seven books and they're all I

1061

00:45:52,039 --> 00:45:50,549

think really quite accessible to the

1062

00:45:53,989 --> 00:45:52,049

average reader I think you'll everybody

1063

00:45:56,509 --> 00:45:53,999

will enjoy all of them but i wanted to

1064

00:45:59,779 --> 00:45:56,519

summarize them all in a story so i wrote

1065

00:46:02,630 --> 00:45:59,789

a novel about a psychologist who takes

1066

00:46:06,259 --> 00:46:02,640

on a new client and the client is a very

1067

00:46:07,909 --> 00:46:06,269

very depressed young man and he comes in

1068

00:46:11,029 --> 00:46:07,919

reporting that he has this recurring

1069

00:46:13,549 --> 00:46:11,039

dream of Jesus coming out of a dark

1070

00:46:15,979 --> 00:46:13,559

black lake coming toward him taking his

1071

00:46:17,839 --> 00:46:15,989

hand and leading him back to the lake

1072

00:46:19,789 --> 00:46:17,849

and as soon as his feet reach the water

1073

00:46:22,249 --> 00:46:19,799

he wakes up in terror from the from the

1074

00:46:24,529 --> 00:46:22,259

nightmare but then what happens is the

1075

00:46:26,959 --> 00:46:24,539

next meeting or so would the same client

1076

00:46:28,969 --> 00:46:26,969

the client is begins to be absorbed in a

1077

00:46:30,439 --> 00:46:28,979

profound mystical experiences just like

1078

00:46:33,140 --> 00:46:30,449

we've been talking about where a

1079

00:46:35,569 --> 00:46:33,150

profound sense of presence is around him

1080

00:46:37,609 --> 00:46:35,579

he feels released from his his suffering

1081

00:46:40,029 --> 00:46:37,619

he feels full of joy the love world is

1082

00:46:42,409 --> 00:46:40,039

life the world is beautiful and that

1083

00:46:44,269 --> 00:46:42,419

consciousness begins to bother the

1084

00:46:46,219 --> 00:46:44,279

psychologist cuz he thinks what is this

1085

00:46:48,529 --> 00:46:46,229

psychosis is a schizophrenia is this

1086

00:46:51,199 --> 00:46:48,539

brain damage what could be going on but

1087

00:46:54,769 --> 00:46:51,209

worse or better a psychologist old

1088

00:46:57,380 --> 00:46:54,779

concord begins to change begins notices

1089

00:46:59,449 --> 00:46:57,390

names like an agent's until that sends

1090

00:47:01,579 --> 00:46:59,459

him on this long journey to try to

1091

00:47:03,380 --> 00:47:01,589

figure out first through his colleagues

1092

00:47:05,359 --> 00:47:03,390

and anthro a Vision Quest event through

1093

00:47:07,459 --> 00:47:05,369

a number of his life adventures of a

1094

00:47:09,589 --> 00:47:07,469

pursuit so this obscene prophecies

1095

00:47:11,749 --> 00:47:09,599

trying to figure out what do I make out

1096

00:47:15,859 --> 00:47:11,759

of this and in the process he is on life

1097

00:47:18,409 --> 00:47:15,869

stretch formed so it's gone sorry report

1098

00:47:20,089 --> 00:47:18,419

I didn't I really didn't get lot of most

1099

00:47:21,979 --> 00:47:20,099

of what you were transmitting because

1100

00:47:24,380 --> 00:47:21,989

your microphone was going into like this

1101
00:47:25,880 --> 00:47:24,390
digital pixelation can you give me a

1102
00:47:27,080 --> 00:47:25,890
synopsis of that

1103
00:47:29,360 --> 00:47:27,090
that you're coming out with again

1104
00:47:31,460 --> 00:47:29,370
shortly sir Sir a bit like this when a

1105
00:47:33,860 --> 00:47:31,470
middle-aged psychologist was working

1106
00:47:35,900 --> 00:47:33,870
with a client describing bizarre

1107
00:47:38,290 --> 00:47:35,910
mystical experiences his own world

1108
00:47:40,310 --> 00:47:38,300
changes radically taking him on a

1109
00:47:42,440 --> 00:47:40,320
breathtaking journey through divine

1110
00:47:48,350 --> 00:47:42,450
consciousness in the revolutionary

1111
00:47:50,630 --> 00:47:48,360
spirituality of aging wow wow a bunch of

1112
00:47:52,670 --> 00:47:50,640
really well-known gerontologists who are

1113
00:47:55,190 --> 00:47:52,680

very spiritually oriented and we're like

1114

00:47:57,200 --> 00:47:55,200

president of the of the saging

1115

00:48:00,290 --> 00:47:57,210

international people have been worked

1116

00:48:02,090 --> 00:48:00,300

for AARP and so forth and they all say

1117

00:48:03,410 --> 00:48:02,100

is very they've all given me

1118

00:48:05,540 --> 00:48:03,420

endorsements and they're all saying it

1119

00:48:08,450 --> 00:48:05,550

really describes the mystical experience

1120

00:48:10,430 --> 00:48:08,460

of aging well so if you've got older

1121

00:48:12,530 --> 00:48:10,440

friends parents or yourself that are

1122

00:48:14,330 --> 00:48:12,540

interested in a great story that pulls

1123

00:48:16,430 --> 00:48:14,340

it all together that's this is coming

1124

00:48:18,470 --> 00:48:16,440

out in October I was going to ask you

1125

00:48:20,510 --> 00:48:18,480

that so it's coming out in October uh I

1126
00:48:22,760 --> 00:48:20,520
would be absolutely honored to read this

1127
00:48:25,190 --> 00:48:22,770
book and put my name to it if it's

1128
00:48:27,410 --> 00:48:25,200
something awesome I support you I want

1129
00:48:28,730 --> 00:48:27,420
you to read it I would love to read it I

1130
00:48:30,710 --> 00:48:28,740
would like to put my name on there or

1131
00:48:32,900 --> 00:48:30,720
whatever it takes for you to support you

1132
00:48:35,600 --> 00:48:32,910
and your phenomenal work because my

1133
00:48:38,330 --> 00:48:35,610
dialogues twice now you have moved me

1134
00:48:41,900 --> 00:48:38,340
sir you have enlightened me and not only

1135
00:48:45,170 --> 00:48:41,910
with information I'm able to feel what

1136
00:48:48,440 --> 00:48:45,180
it feels like to be you in your infinite

1137
00:48:50,180 --> 00:48:48,450
happiness in your grace that you are

1138
00:48:52,730 --> 00:48:50,190

feeling by the questions that we have

1139

00:48:55,250 --> 00:48:52,740

been ping pong in back and forth I can

1140

00:48:59,810 --> 00:48:55,260

truly feel your comfort your ease and

1141

00:49:01,700 --> 00:48:59,820

your okayness with it so you've brought

1142

00:49:05,030 --> 00:49:01,710

something really really magical in my

1143

00:49:07,100 --> 00:49:05,040

life at this age preparing me for the

1144

00:49:10,280 --> 00:49:07,110

greatest transition in life which is yes

1145

00:49:12,320 --> 00:49:10,290

yeah and I appreciate that oh thank you

1146

00:49:14,330 --> 00:49:12,330

Keith I really I appreciate you too you

1147

00:49:19,340 --> 00:49:14,340

really are there as well so this is

1148

00:49:21,200 --> 00:49:19,350

these are great conversations John we

1149

00:49:22,880 --> 00:49:21,210

are coming towards slowly but surely the

1150

00:49:24,560 --> 00:49:22,890

top of the hour would you give out your

1151

00:49:26,390 --> 00:49:24,570

contact information where they could

1152

00:49:29,510 --> 00:49:26,400

find you you work in this phenomenon you

1153

00:49:35,990 --> 00:49:29,520

book that I'm just jonesing to read okay

1154

00:49:38,690 --> 00:49:36,000

once again it's ww John Robinson or go

1155

00:49:39,440 --> 00:49:38,700

RG and from there you can find all my

1156

00:49:41,870 --> 00:49:39,450

books and

1157

00:49:44,780 --> 00:49:41,880

and as well as this this last one and a

1158

00:49:48,140 --> 00:49:44,790

way to contact me John Wood is God to

1159

00:49:50,630 --> 00:49:48,150

you you know God is this you know that

1160

00:49:51,860 --> 00:49:50,640

if you talk to a fee if you talk if you

1161

00:49:53,750 --> 00:49:51,870

answer that question with the left

1162

00:49:56,630 --> 00:49:53,760

hemisphere and you you can come up with

1163

00:49:59,270 --> 00:49:56,640

very complex theologies if you asked a

1164

00:50:01,340 --> 00:49:59,280

misc mystic or someone who's the head

1165

00:50:04,220 --> 00:50:01,350

mystical experiences you get very simple

1166

00:50:08,620 --> 00:50:04,230

answers and the answers are like this

1167

00:50:12,380 --> 00:50:08,630

this is god this now here what is this

1168

00:50:16,100 --> 00:50:12,390

is it now there's nothing else there's

1169

00:50:18,830 --> 00:50:16,110

nothing else may let me know when this

1170

00:50:20,150 --> 00:50:18,840

thing's gonna birth though you said

1171

00:50:21,860 --> 00:50:20,160

knocked over when it gets closer to the

1172

00:50:23,660 --> 00:50:21,870

crunch let me know I would love to get

1173

00:50:27,200 --> 00:50:23,670

you back on the show okay create a push

1174

00:50:29,000 --> 00:50:27,210

let's do it I would be honored we slowly

1175

00:50:31,970 --> 00:50:29,010

but surely getting to that moment John

1176

00:50:33,350 --> 00:50:31,980

of God these conversations are so fun is

1177

00:50:36,020 --> 00:50:33,360

there anything you want to dialogue with

1178

00:50:39,530 --> 00:50:36,030

me about before we sign off and I give

1179

00:50:41,150 --> 00:50:39,540

you a final thought I can't think of it

1180

00:50:43,460 --> 00:50:41,160

I mean this is just wonderful I'm enjoy

1181

00:50:45,530 --> 00:50:43,470

enjoy our time together I think we're

1182

00:50:48,290 --> 00:50:45,540

touching all the deep stuff I might just

1183

00:50:50,150 --> 00:50:48,300

say that you know aging is is a mystical

1184

00:50:51,680 --> 00:50:50,160

experience it really is a religious

1185

00:50:54,290 --> 00:50:51,690

experience and I just invite everybody

1186

00:50:56,420 --> 00:50:54,300

to not be afraid of it and to open their

1187

00:50:58,640 --> 00:50:56,430

hearts to it and and to let it show you

1188

00:51:00,230 --> 00:50:58,650

that it's not frightening to die and

1189

00:51:03,350 --> 00:51:00,240

that aging is actually one of the

1190

00:51:05,000 --> 00:51:03,360

greatest gifts that we get John if you

1191

00:51:07,300 --> 00:51:05,010

ever do any traveling and you happen to

1192

00:51:10,700 --> 00:51:07,310

hit anywhere towards the mid-south um

1193

00:51:13,460 --> 00:51:10,710

I'm gonna invite myself I would love to

1194

00:51:15,770 --> 00:51:13,470

do a co presentation event with you yeah

1195

00:51:18,590 --> 00:51:15,780

that'd be fun that would be I look out

1196

00:51:21,080 --> 00:51:18,600

you and I together yeah we don't make

1197

00:51:26,330 --> 00:51:21,090

some noise yeah we should talk to old

1198

00:51:27,980 --> 00:51:26,340

people yeah absolutely John I I really

1199

00:51:29,630 --> 00:51:27,990

absolutely appreciate you sir thank you

1200

00:51:31,130 --> 00:51:29,640

for being here on center of light radio

1201
00:51:34,970 --> 00:51:31,140
keep us posted what you doin and that

1202
00:51:36,890 --> 00:51:34,980
door to the other side always swings

1203
00:51:43,730 --> 00:51:36,900
open to you my friend will do my friend

1204
00:51:49,340 --> 00:51:43,740
till then be well okay my what wow what

1205
00:51:52,400 --> 00:51:49,350
a ride that is was for me I really

1206
00:51:53,250 --> 00:51:52,410
enjoyed this cat uh he does something to

1207
00:51:55,680 --> 00:51:53,260
me he gets

1208
00:51:58,170 --> 00:51:55,690
thinking he gets me out of my box he

1209
00:52:00,330 --> 00:51:58,180
helps me to expand it to a place that I

1210
00:52:03,570 --> 00:52:00,340
know nothing about which is really

1211
00:52:06,320 --> 00:52:03,580
really cool because the newness the

1212
00:52:11,580 --> 00:52:06,330
Virgin nests of it all is always just

1213
00:52:13,860 --> 00:52:11,590

fresh exciting and invigorating I love

1214

00:52:15,930 --> 00:52:13,870

talking with this guy jhansi Robinson

1215

00:52:18,420 --> 00:52:15,940

what a what a fantastic show every

1216

00:52:20,430 --> 00:52:18,430

Monday night 6 p.m. eastern daylight

1217

00:52:22,320 --> 00:52:20,440

time my name is Keith Anthony Blanche

1218

00:52:24,150 --> 00:52:22,330

and I will be sitting in this chair and

1219

00:52:25,740 --> 00:52:24,160

you will be sitting in your chairs are

1220

00:52:27,600 --> 00:52:25,750

driving in your car whatever it is

1221

00:52:30,540 --> 00:52:27,610

you're doing make sure you call eight

1222

00:52:32,130 --> 00:52:30,550

eight eight nine one nine 2355 become a

1223

00:52:33,780 --> 00:52:32,140

part of this family let us hear that

1224

00:52:35,970 --> 00:52:33,790

voice it helps us to key in on your

1225

00:52:38,970 --> 00:52:35,980

personality and who you are you are

1226

00:52:41,970 --> 00:52:38,980

welcome here remember when you lay down

1227

00:52:44,690 --> 00:52:41,980

at night and you have nothing else to do

1228

00:52:47,910 --> 00:52:44,700

why not do something breathe

1229

00:52:52,200 --> 00:52:47,920

passionately taste God as it moves in

1230

00:52:56,130 --> 00:52:52,210

and out of your body be grateful for

1231

00:52:59,040 --> 00:52:56,140

your life and the gift of it and so

1232

00:53:01,110 --> 00:52:59,050

doing you will realize that you are the

1233

00:53:06,360 --> 00:53:01,120

real you lies just behind that breath

1234

00:53:08,700 --> 00:53:06,370

just behind that breath always remember